



Positiviews

Before you do a mitzvah...

Ask Hashem to help you to do the mitzvah properly and with the right kavanos

Before you get upset because someone else is in a bad mood...

Bless that person with peace and that Hashem should help them out of their negativity

Before you go to sleep ...

Write down moments of hashgacha pratis that you experienced today

Before you act on an impulse...

Ask yourself “is this good for me?”, or, “is this the right thing to do?”